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**Dr. J. Ben Hengy & Dr. Andrew Mendians**

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**Chemical Peels and Treatment Preparation:**

You will be having on of the following peel treatments on the day of your appointment. Please follow the preparation instructions.

TCA (Trichloroacetic Acid) 30%    TCA 50%    Sensi Peel    Enhanced Jessner Peel    Ultra Peel I  
Ultra Peel II    Ultra Peel Forte    Esthetique Peel    Oxygenating Trio    Detox Gel Treatment    PCA Peel  
Pumpkin Peel    Glycolic Acid 30%    Glycolic Acid 50%    Glycolic Acid 70%

If you have seen one of our Aestheticians or Clinicians a daily personalized skin care regimen has been prescribed and purchased. Although not mandatory but recommended the use of daily skin care products prior to your peel will prepare the skin, allow for better treatment results and reduce the risk of complications. Please consult one of our skin care clinicians for products and guidance on your skin type and condition if this has not already been discussed.

**IT IS RECOMMENDED THAT YOU TAKE THE FOLLOWING INTO CONSIDERATION:**

For best results and to reduce the risk of complications, it is recommended that your skin care regimen is started 10 to 14 days prior to treatment.

If you are lactating, pregnant or may be pregnant, only an Oxygenating Trio or Detox Gel Deep Pore Treatment is appropriate. Consult your OB/GYN before receiving any treatment

Do not go to a tanning bed 2 weeks prior to treatment. This practice should be discontinued due to the increased risk of skin cancer and sign of aging.

It is recommended that extended sun exposure be avoided, especially in the 10 days prior to treatment.

It is recommended to delay use of tretinoin, Retin A, Renova, Differin, Tazorac, Avage, EpiDuo, Ziana and high-percentage AHA and BHA products for approximately 5 day prior to treatment. Consult your prescribing physician before temporarily discontinuing any prescription medication.

The PCA superficial skin care treatments performed in this office result in little to no downtime but create dramatic and visible results. Treatments may cause slight redness, tightness, peeling, flaking or temporary dryness. Most patients find it unnecessary to apply makeup, as the skin will be smooth, dewy and radiant following your treatment. If you would like to apply makeup, allow approximately 15 minutes for the pH of the skin to stabilize before applying foundation.

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