



Dr. J. Ben Hengy & Dr. Andrew Mendians

WHAT TO EXPECT THE FIRST FEW NIGHTS AFTER HAVING A QUICKLIFT

THE FIRST NIGHT:

Your face will feel and look tight.

Your face may feel numb to varying degrees.

It may be difficult for you to open your mouth. We suggest soft foods and liquids. (use a straw)

Use a pediatric toothbrush for brushing teeth.

Your face may look asymmetrical. One side may be sluggish due to the local anesthesia. (It will wear off in 4 to 6 hours)

There may be fullness and or discomfort in ears, the feeling of fluid.

You may experience mild nausea.

Pain is very individualized. It is usually described as a mild pinching or tightness, but an occasional patient will complain of severe pain.

THE FIRST FEW DAYS:

All of the above in smaller degrees.

Mild ear pain.

Swelling/bruising is very individualized. It will vary greatly on the patient. Continued use of cold compresses and firm pressure 10 minutes every hour the first 24 to 48 hours will reduce post op swelling and bruising.

You may consider using our Jane Iredale Mineral Makeup for concealing the bruising along with scarves, turtle necks, and positioning of hair. You may not use makeup on your incision line for 1 week or until all open areas are healed.

Use of the antibiotic ointment to incisions for one week may appear slightly shiny. Apply thin layer only to avoid caking in hairline and you may not be able to use ear devices for 1—2 weeks.

Although some patients return to work the day after their surgery, it is not recommended. This procedure is much less invasive than a traditional facelift; however, we cannot be certain of your individual response to surgery (the degree of swelling, pain or bruising you may experience). With this in mind, you should not schedule any firm commitments the first week after your procedure.

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